



# MONTHLY TIP

## Proper medicine disposal

### **Don't rush to flush!**

Pharmaceuticals and personal care products (PPCPs) include prescription drugs, over the counter medications and cosmetics. They can pass through wastewater treatment plants in small amounts and find their way into rivers and lakes. Controlling what goes down the drain helps to protect our environment and quality of life.



### **What can YOU do to help?**

1. Don't flush PPCP's down the toilet.
2. To dispose of expired or unused medicine:
  - On Saturday, April 30, 2016, drop-off your unused or expired medications on **Medicine Drop Day**, a special one-day event. On that day, the Bay Head Police Department at 704 Howe Street, Point Pleasant, NJ will be accepting prescription meds (no liquids or syringes) for safe disposal.
  - At any time, drop-off your unwanted prescription medications at the permanent pill-drop box located in the lobby of the Point Pleasant Police Department at 2233 Bridge Ave. The location is available 24 hours a day, 7 days a week.
3. Controlled Substances and medications must be taken to a participating law enforcement station and deposited into the secured drop-off box located in the lobby area.

